

Opioid Care, Anywhere.

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Medical Director, VODP

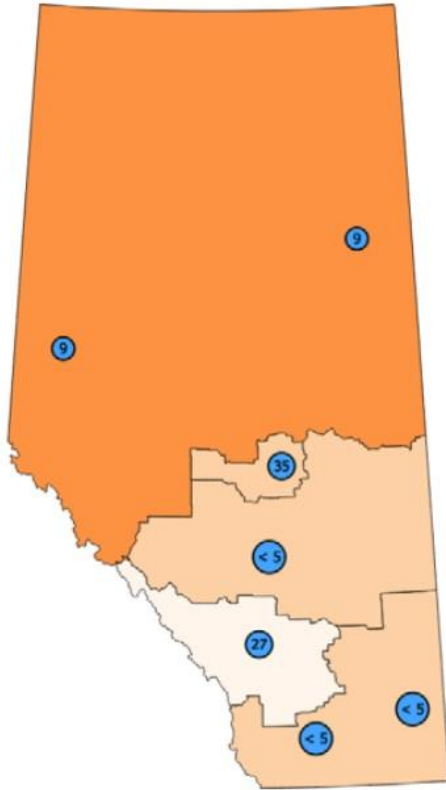
Disclosure

I am the medical director of VODP (previously called RODP).

Alberta's VODP (and previously RODP) receive funding from Alberta Health and Alberta Health Services.

I am a member of the Alberta Minister's Opioid Emergency Response Commission but do not represent the commission in this presentation.

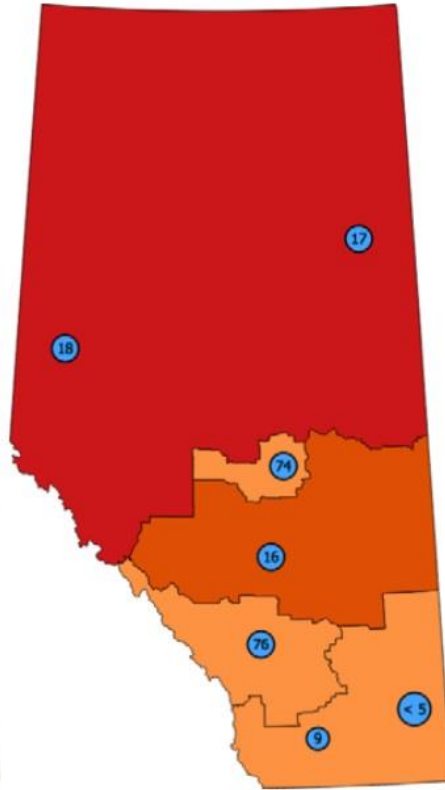
2014



Total AB deaths: **117** | AB rate: **2.9**

Deaths in urban centers: **88**

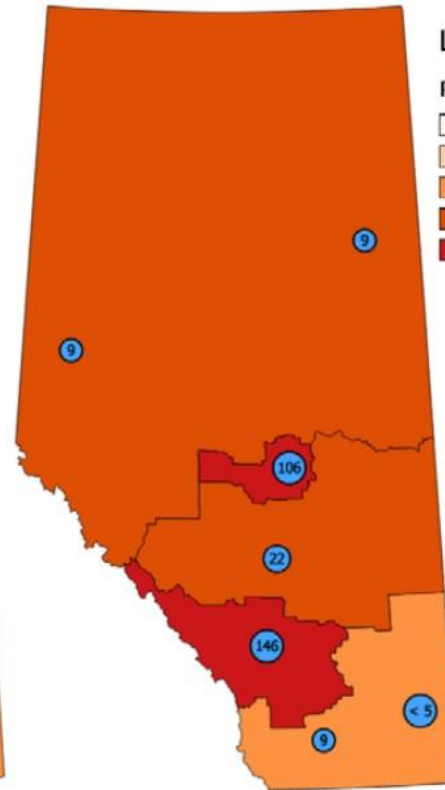
2015



Total AB deaths: **257** | AB rate: **6.1**

Deaths in urban centers: **213**

2016



Total AB deaths: **343** | AB rate: **8.1**

Deaths in urban centers: **305**

Legend

Rate of deaths per 100,000

0.0 - 2.0

2.0 - 4.0

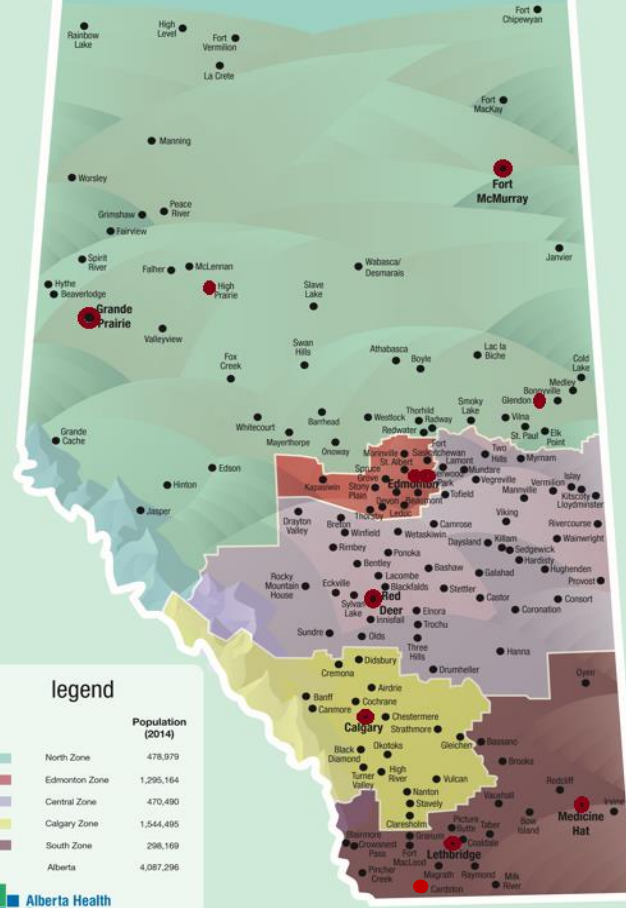
4.0 - 6.0

6.0 - 8.0

Greater than 8



Alberta Health Services Zone Map



legend

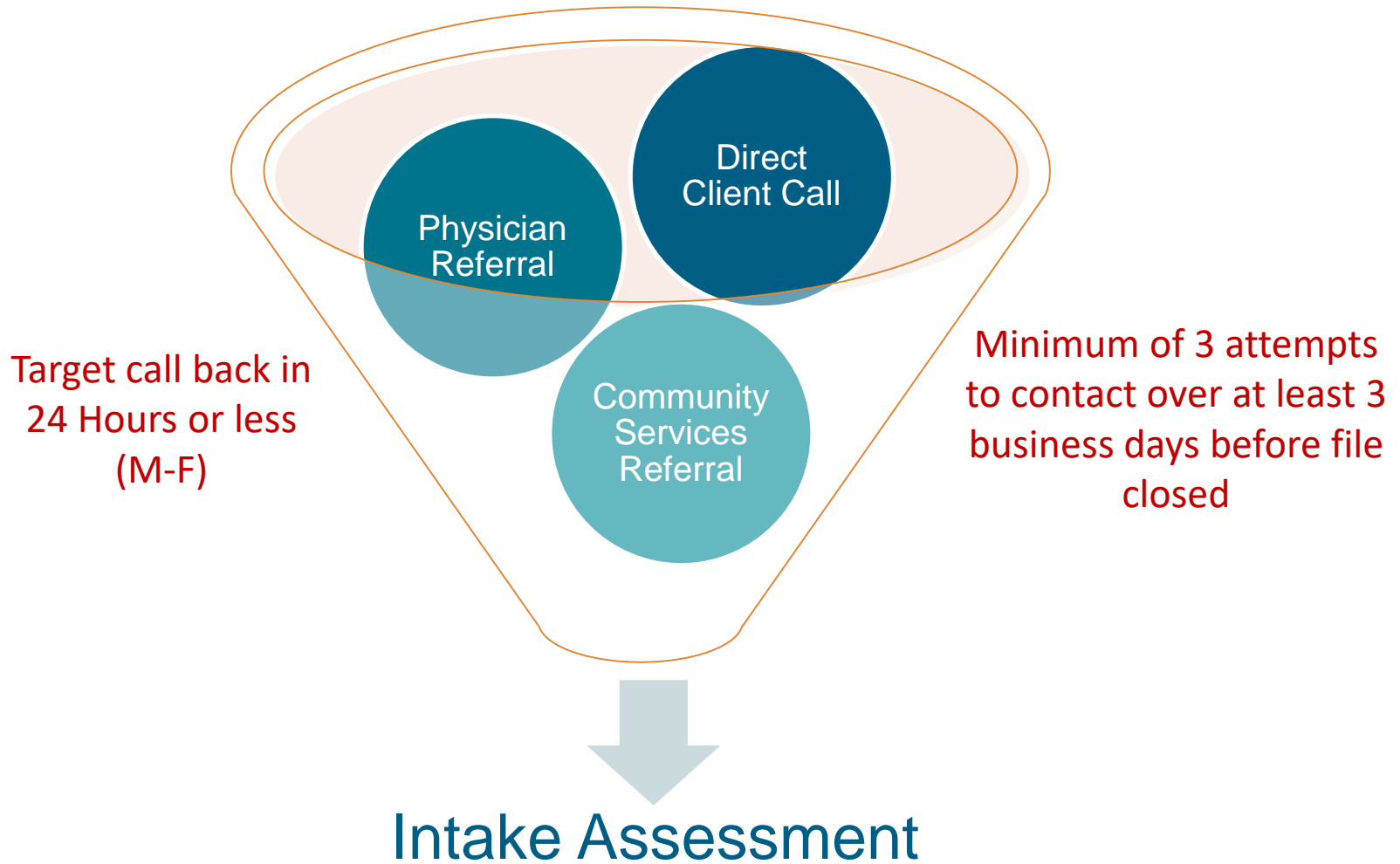
Zone	Population (2014)
North Zone	478,979
Edmonton Zone	1,295,164
Central Zone	470,490
Calgary Zone	1,544,495
South Zone	298,169
Alberta	4,087,296



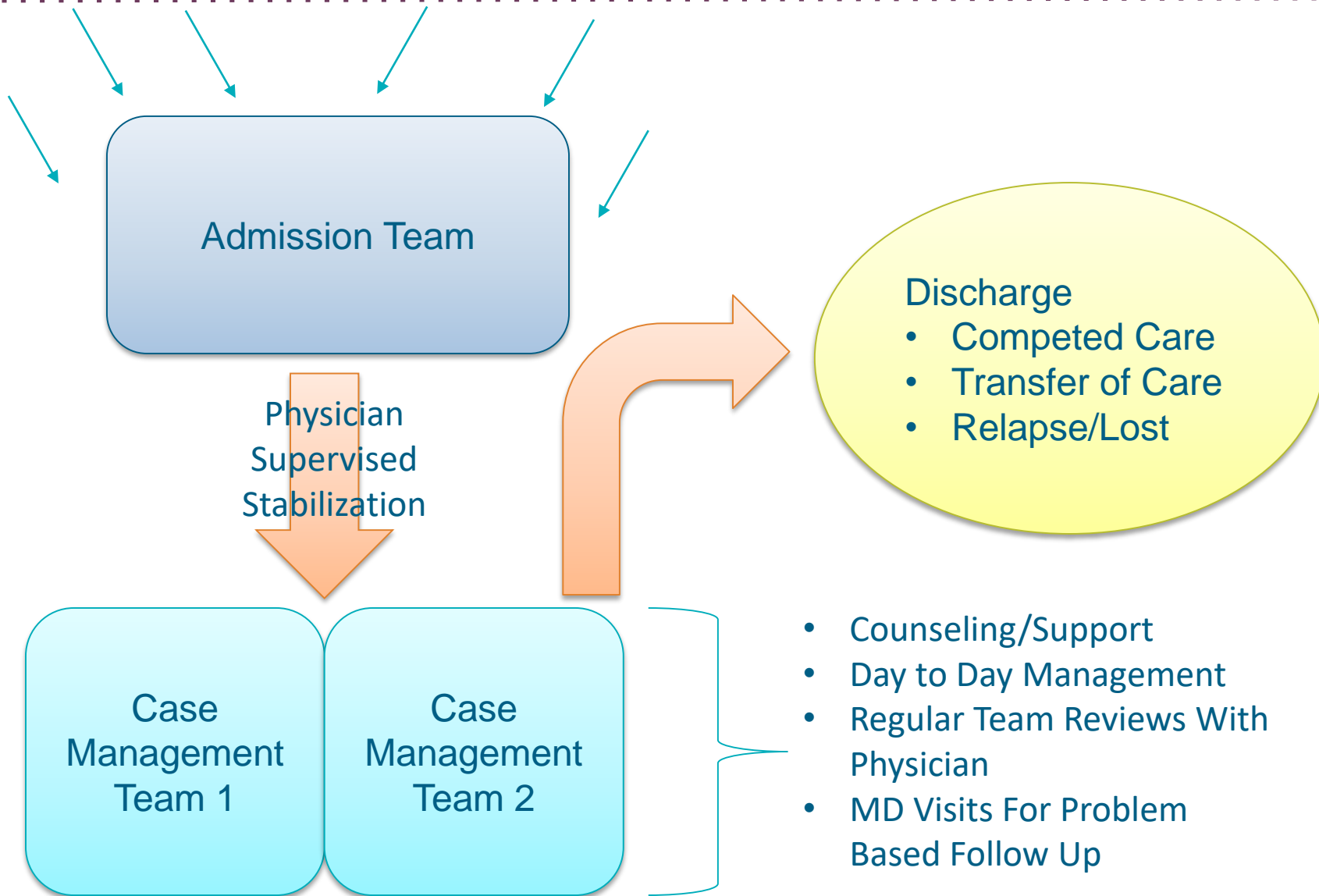
Addressing the Gaps



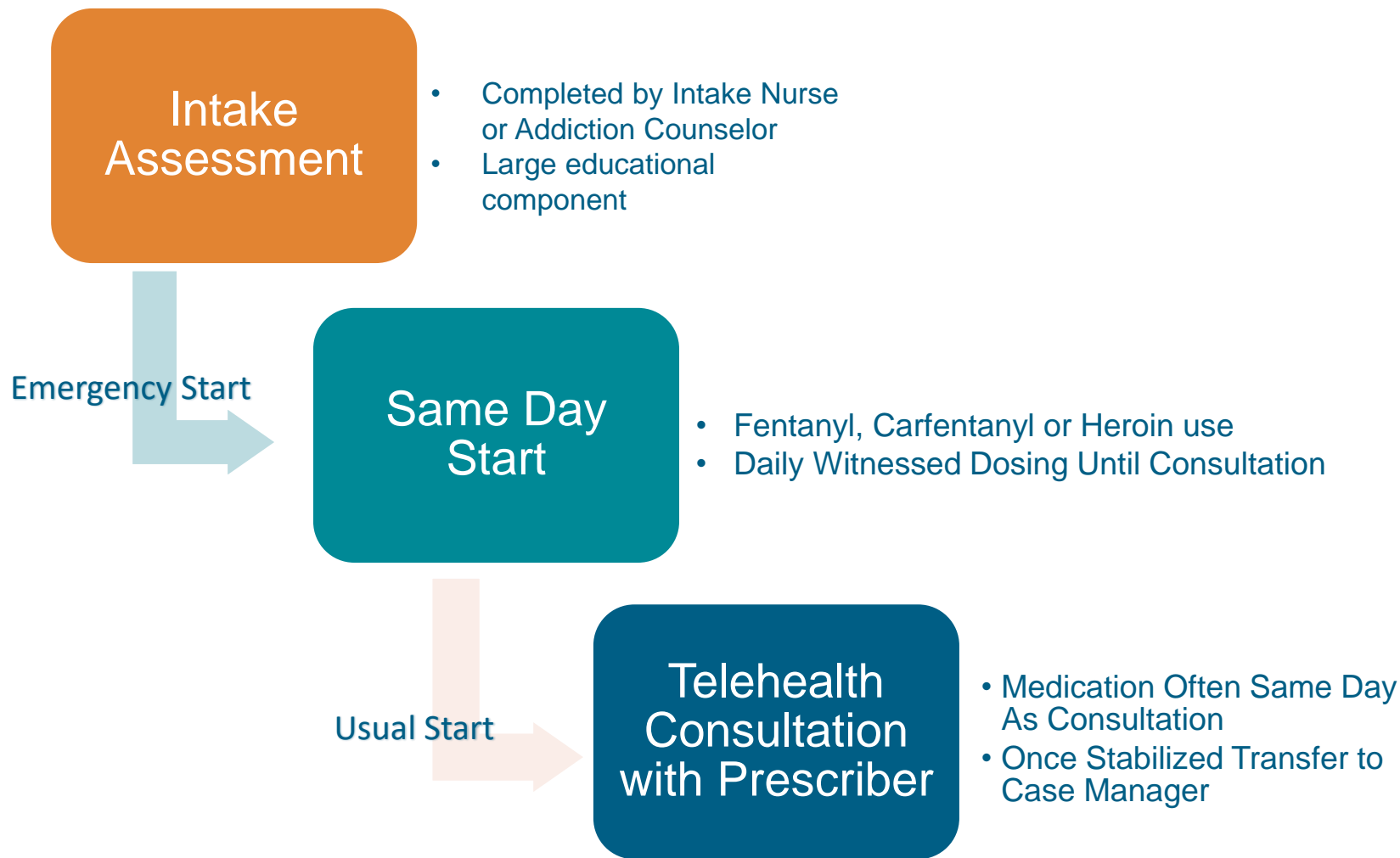
RODP Program Walk-Through



RODP Program Walk-Through



RODP Walk-Through



RODP Learnings

Rural Opioid Dependency Program



Need Opioid
Addiction
Treatment?

➤ Call 403-783-7688

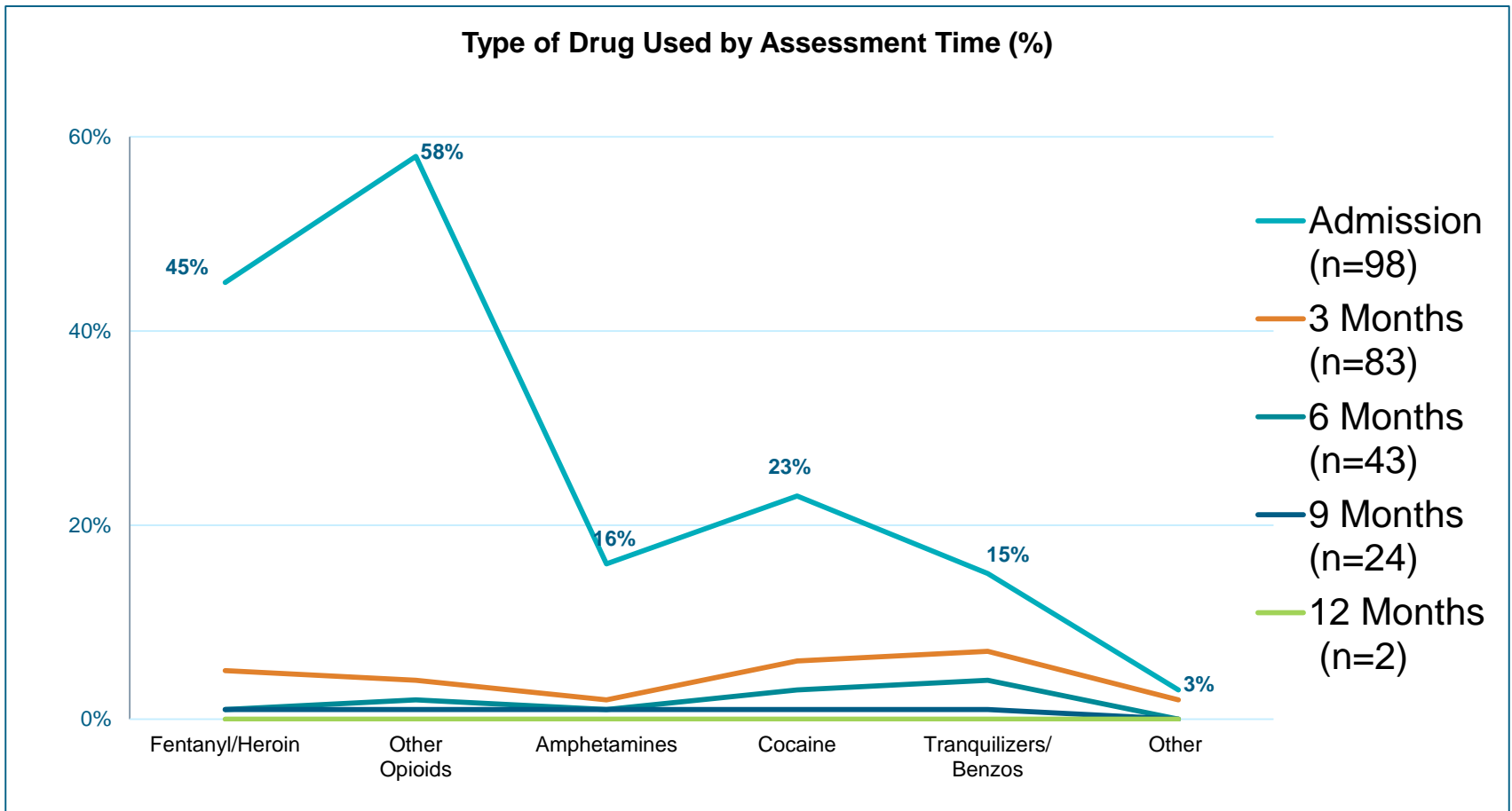
Alberta's Virtual Opioid Dependency Program

- Every Community Needs OAT.
- NIMBY Not Seen With This Model.
- Pharmacy Delivery of Medication is Safe.
- Same Day Medication Access Possible
- OAT Model of Care Opportunities (e.g. Carried Doses, Professional Roles, Urine Drug Testing).

Does It Work?

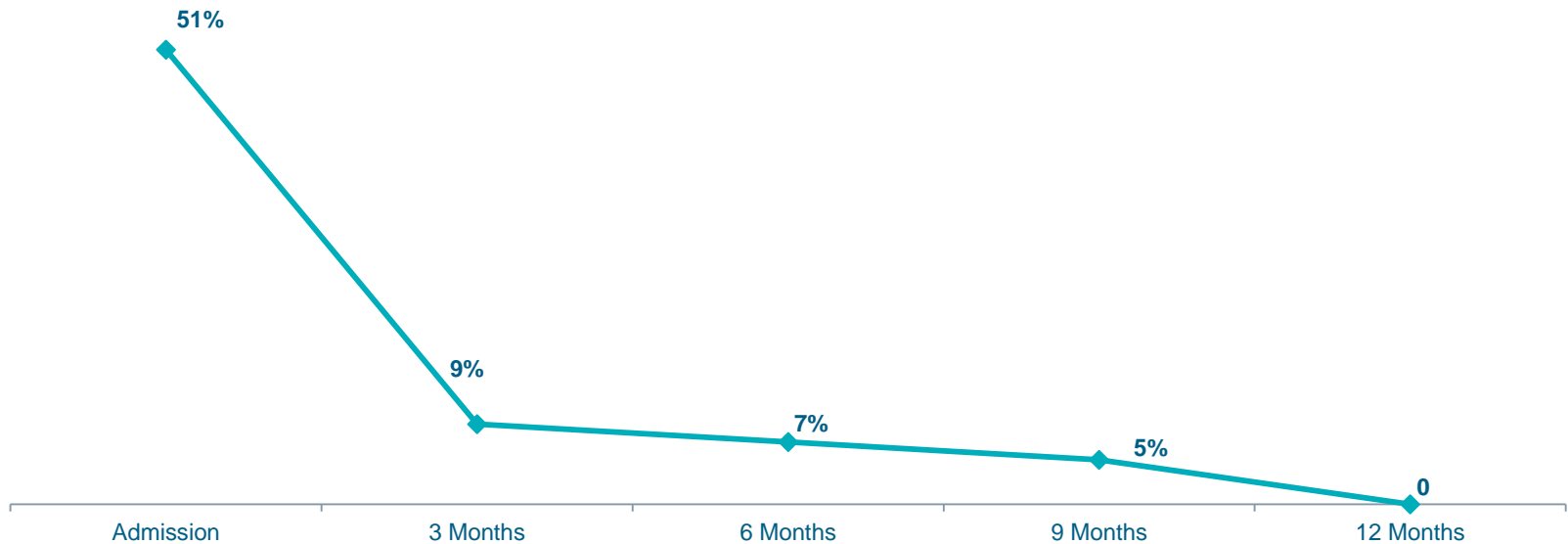


Reported Drug Use By Assessment Time



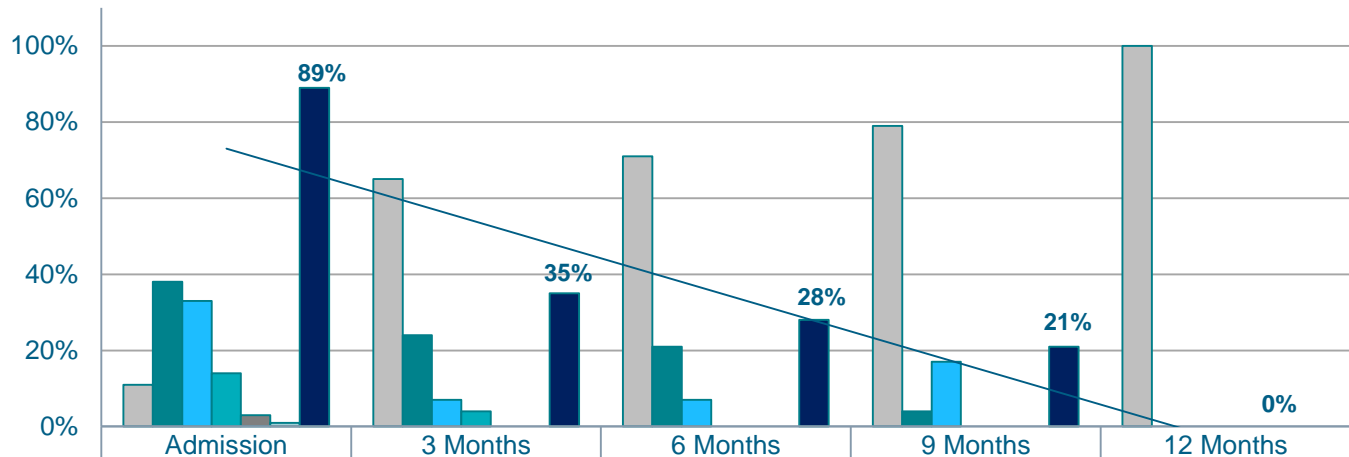
Every Day Drug Use

Reduction in Everyday Drug Use (By Assessment Time)



Poly Drug Use Trending Down

Poly-Drug Use Reduction Trending by Assessment Time (%)



	Admission	3 Months	6 Months	9 Months	12 Months
0 Drugs	11%	65%	71%	79%	100%
1 Drug Type	38%	24%	21%	4%	0
2 Drug Types	33%	7%	7%	17%	0
3 Drug Types	14%	4%	0	0	0
4 Drug Types	3%	0	0	0	0
5 Drug Types	1%	0	0	0	0
Using 1 or More Drug Types	89%	35%	28%	21%	0%

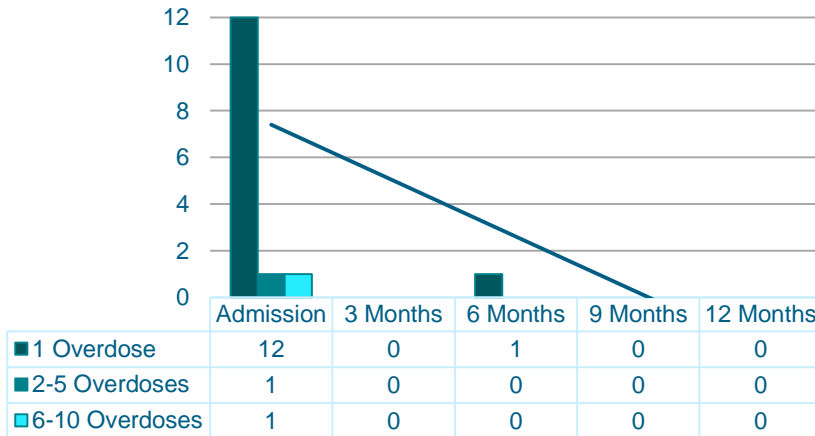
Alberta's VODP

***85% reduction in IV Drug use** from Admission to 6 Month Reassessment

***100% reduction in Needle Sharing** from Admission to 6 Month Reassessment

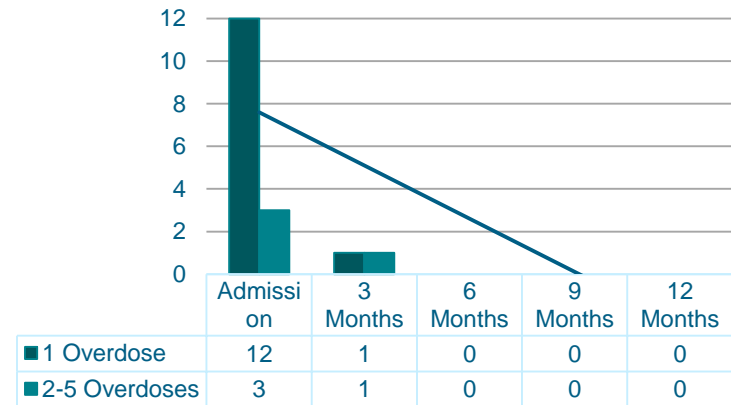
***100% reduction in both Accidental and Intentional Overdoses** from Admission to 6 Month Reassessment

Accidental Overdose Reduction by Assessment Time



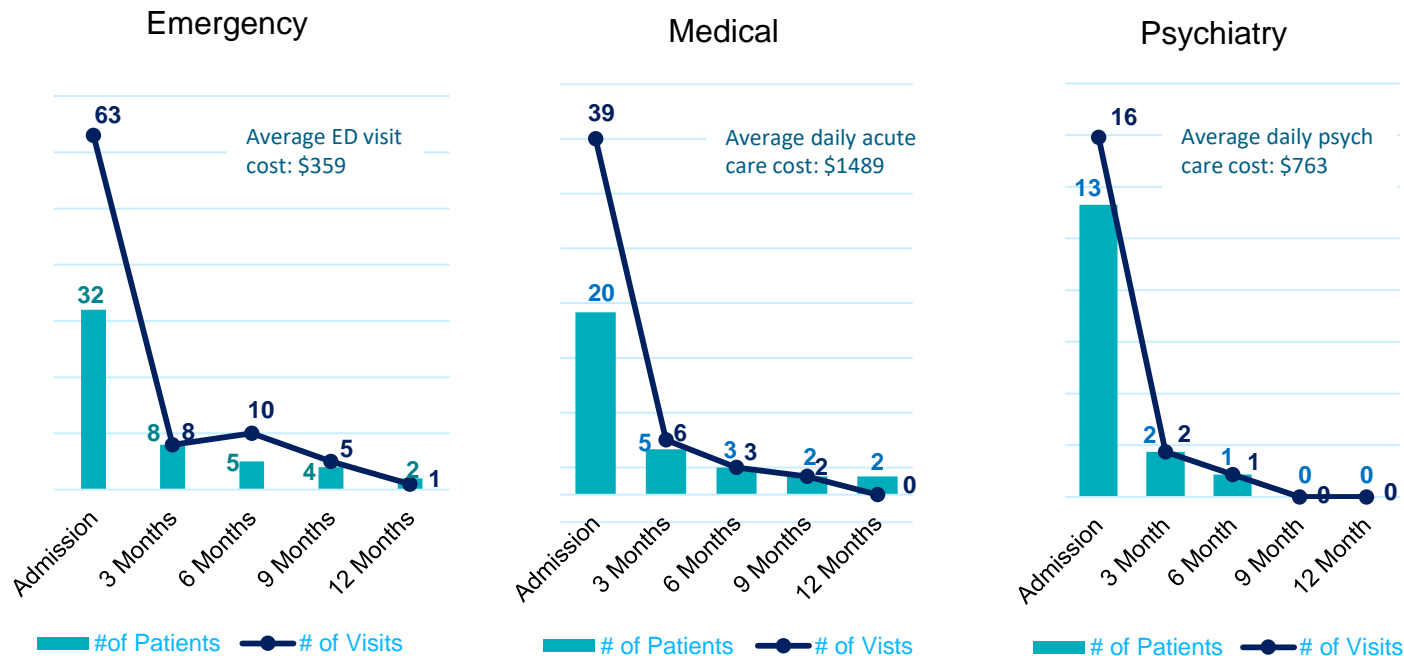
1 Overdose 2-5 Overdoses 6-10 Overdoses

Intentional Overdose Reduction by Assessment Time

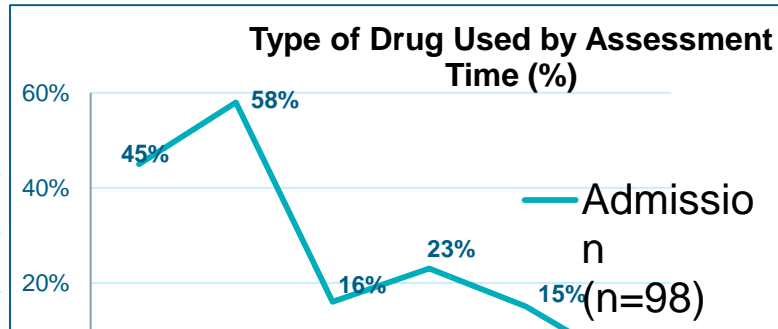


1 Overdose 2-5 Overdoses

Hospitalizations and Visits by Assessment Time (Last 30 Days)



Admissions to RODP/VODP

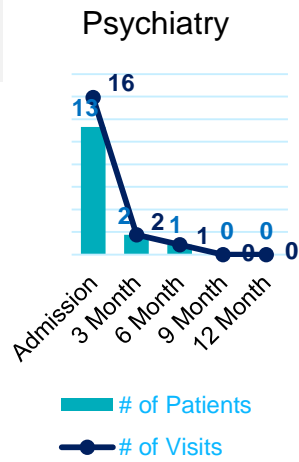
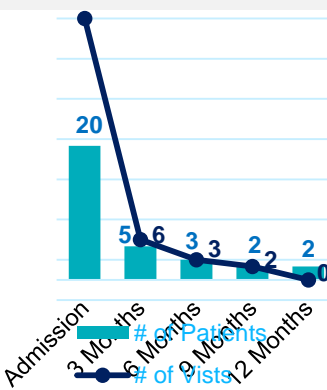
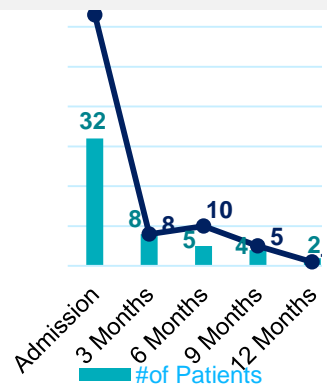


***85% reduction in IV Drug use** from Admission to 6 Month Reassessment

***100% reduction in Needle Sharing** from Admission to 6 Month Reassessment

100% reduction in Accidental and Intentional Overdoses from Admission to 6 Month Reassessment

Distributed Telehealth Appears to Have Outcomes Similar to Face to Face, In person Treatment.



Real People, Real Return To Living.



Alberta's VODP

RODP to VODP

ALBERTA'S VIRTUAL OPIOID
DEPENDENCY PROGRAM

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VODP - HOW CAN WE HELP?

Technology Delivered Emergency Medication Starts, Transition Service, and
Ongoing Opioid Dependency Care.

1-844-383-7688

June 12, 2019

Provincial Access to Same Day Starts

- Treatment for any Alberta resident with access to a pharmacy
- Client can self refer: Call 1-844-383-7688
- Very Soon to be 12 hours per day, 7 days per week, currently 5 days per week.

Any Client From Any Source Can Get Help Today.

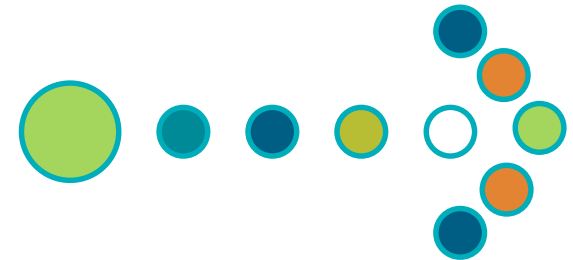
Emergency Department
and Hospital Starts



Expanded
Medical Detox



Corrections Starts



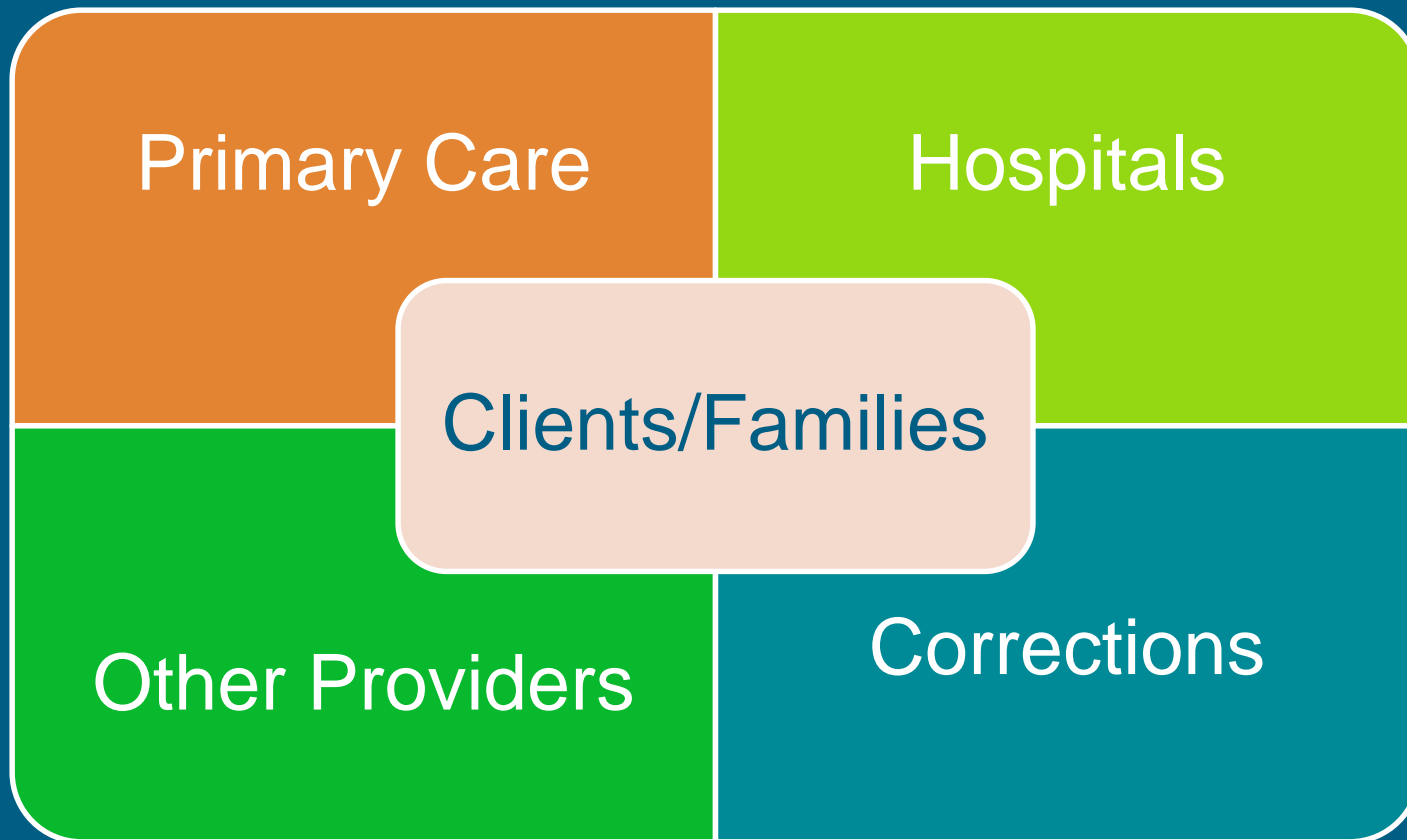
Transitions Deliverables

- No gaps, contact every client before next dose is due
- Quickly adjust dosing for expedited stability
- Work with client to transition over 4 weeks to care destination (Primary Care or Specialty Care)
- Focus with client is on transition, not long term relationship building
- Opportunity to transition to primary and specialty care with reduced traditions of care

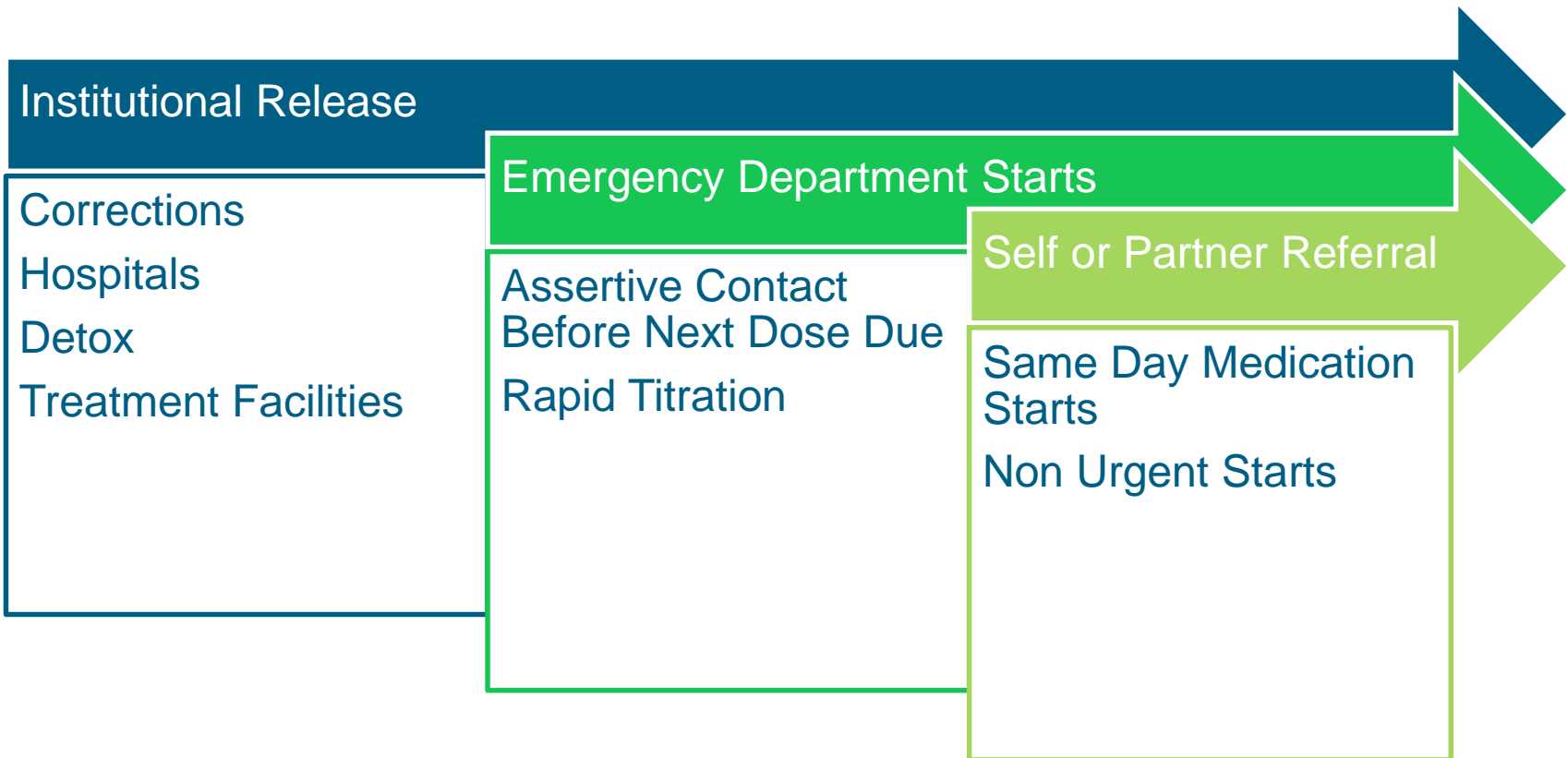
Meaningful Change in Current System

- Every point of entry has the transition team to back them up with rapid, easy to access transitional care for their clients.
- Receiving clinicians will also be backed up with stabilized clients, evidence based treatment recommendations and resources for ongoing care.

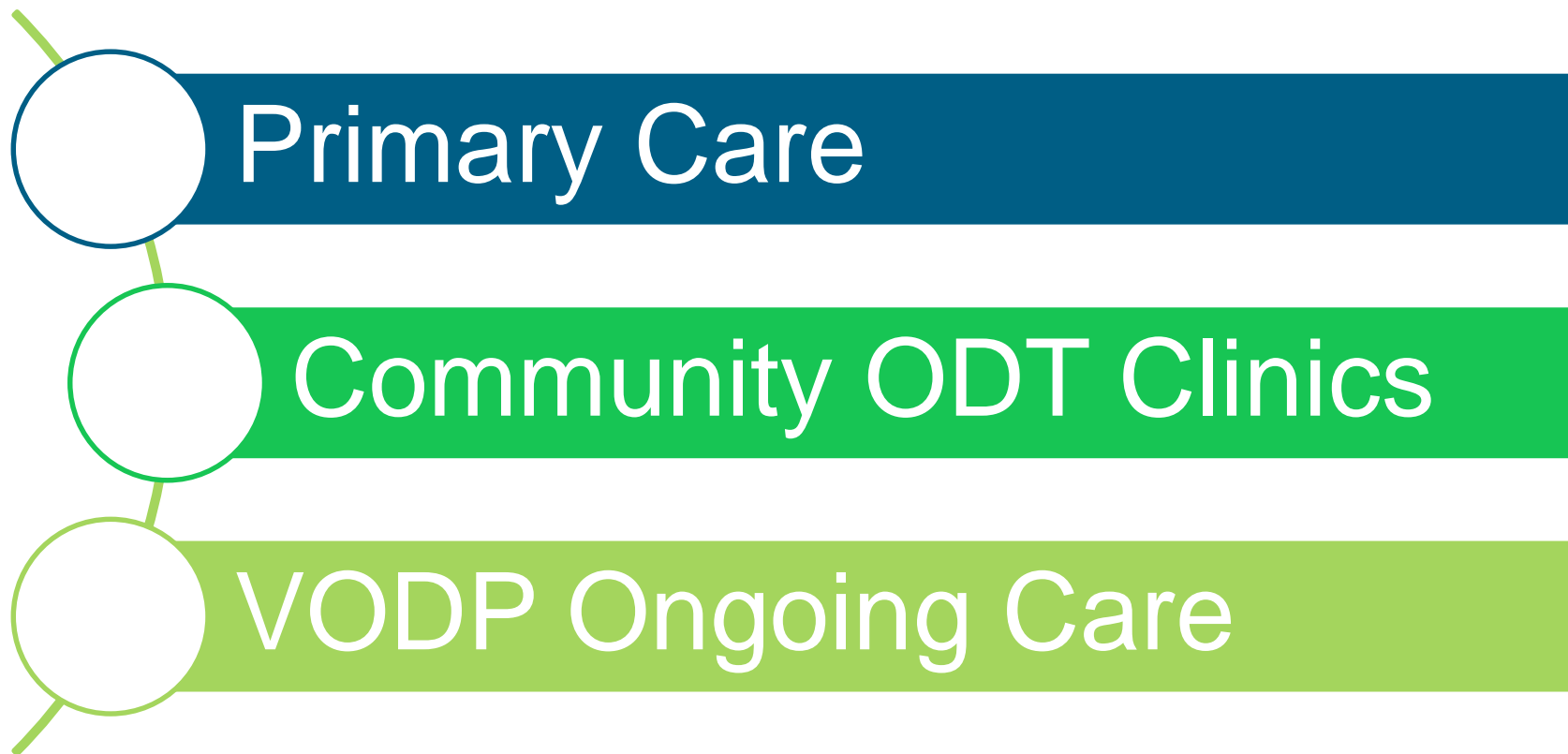
Let's Make it Better!



Client Centered Provincial Resource

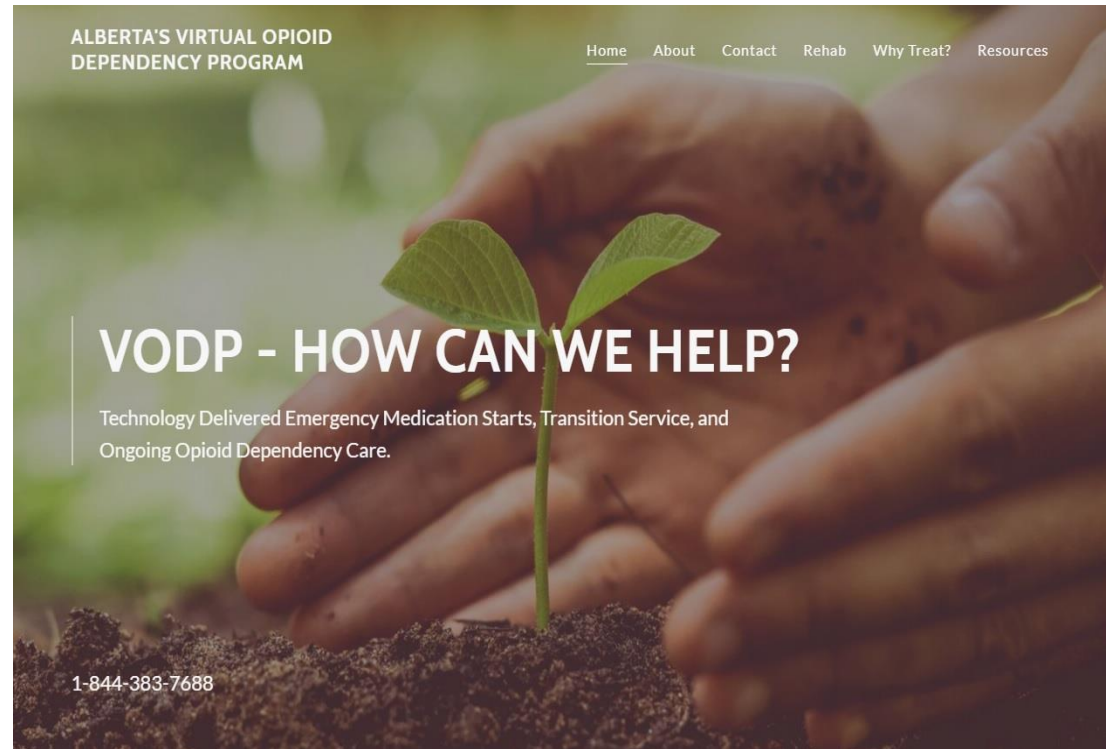


VODP Outflow



Alberta's Virtual Dependency Program

- Province Wide OAT access from proven clinical team
- Provincial Scope Same Day Medication Starts
- Simplified and Effective Transition Services
- Dissemination of Evidence Based Treatment Strategies
- Support for Primary Care Practitioners
- 7 Days per Week Services
- Cost Effective





Questions?

VODP.CA